



Chippewa Hills Mecosta Elementary



Lunch is served free of charge for all students

Milk 35¢ (Milk is not free unless served with full meal)

Breakfast is served free of charge for all students

Breakfast:
Choice of Cereal
Muffin Juice
Fruit Milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1 style="font-size: 4em; margin: 0;">October 2018</h1>				

Students are allowed to have main Entrée OR optional Entrée item along with rest of day's menu.

1	2	3	4	5
Ravioli OR Turkey Wrap Corn Garden Salad Apples Assorted Low Fat Milk	Chicken Strips OR Yogurt Kit Baked Beans Garden Salad Pears Assorted Low Fat Milk	Pancakes on a Stick with sausage OR Corn Dog Nuggets Potato Cubes Garden Salad Oranges Slices Assorted Low Fat Milk	Crazy Cheese Bread w/ marinara sauce OR Ham Sandwich Green Beans Garden Salad Peaches Assorted Low Fat Milk	Fish Sandwich OR PB & J Sandwich Broccoli Garden Salad Strawberries Whole Grain Cookie Assorted Low Fat Milk
8	9	10	11	12
Nachos with Beef OR Turkey Wrap Refried Beans Garden Salad Applesauce Assorted Low Fat Milk	Chicken Smackers OR Yogurt Kit Wedge Fries Garden Salad Blueberries Assorted Low Fat Milk	Sausage, Cheese, Egg muffin OR Corn Dog Nuggets California Blend Veggies Garden Salad 100% Fruit Juice Cup Assorted Low Fat Milk	Hamburger on WG Bun OR Ham Sandwich Chips Celery w/ peanut butter Garden Salad Honey Dew Melon Assorted Low Fat Milk	Ham & Cheese Calzone OR Ham Sandwich Green Beans Garden Salad Sliced Oranges Assorted Low Fat Milk
15	16	17	18	19
Chicken Drummies OR Turkey Wrap Curly Fries Garden Salad Apple Slices Assorted Low Fat Milk	Pepperoni Pizza OR Yogurt Kit Carrots Garden Salad Strawberries Assorted Low Fat Milk	Mac-n-Cheese OR Corn Dog Nuggets Corn Garden Salad Diced Peaches Assorted Low Fat Milk	Breaded Chicken Sand. OR Turkey Wrap Sliced Cucumbers Garden Salad Mandarin Oranges Jello Assorted Low Fat Milk	Early Dismissal Grab-n-Go lunch
22	23	24	25	26
Hot Dog on WG Bun OR Turkey Wrap Broccoli with Ranch dressing Garden Salad Mixed Fruit Cup Assorted Low Fat Milk	BBQ Pork Sandwich OR Yogurt Kit Kidney Beans Garden Salad Grapes Pudding Assorted Low Fat Milk	Hamburger on WG Bun OR Corn Dog Nuggets Green Beans Garden Salad Apples Assorted Low Fat Milk	Sausage, Cheese, Egg muffin OR Turkey Wrap Tator Tots Garden Salad Fruit Cocktail Assorted Low Fat Milk	Chicken Strips OR Yogurt Pack Mixed Vegetables Garden Salad Strawberries Assorted Low Fat Milk
29	30	31	All Entrées and optional Entrées are served on whole grain bread or buns 	
Pizza Sticks OR Turkey Wrap Cauliflower Garden Salad Peaches Assorted Low Fat Milk	Spaghetti / meat sauce OR Yogurt Kit Garlic Sticks Cherry Tomatoes Garden Salad Grapes Assorted Low Fat Milk	Halloween Nuggets OR Corn Dog Nuggets French Fries Garden Salad Sliced Oranges Whole Grain Cookie Assorted Low Fat Milk		

Menu is subject to change without notice.



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